## UNIVERSITY MALAYA MEDICAL CENTRE GUIDELINE ON THE MANAGEMENT OF UNVACCINATED HEALTHCARE WORKERS EXPOSED TO INDIVIDUALS WITH COVID-19 IN A HOSPITAL

(Prolonged Close Contact: Exposure at distance <1 metre and duration of >15 minutes ) COVID-19 **EXPOSURE** ACTION YOU ACTION Not Vaccinated PATIENT\* **RISK** (SYMPTOMATIC) (ASYMPTOMATIC) Quarantine not required Quarantine for 7 days **HIGH** from date of exposure. Continue to work with strict COVID-19 RTK-Ag self-test adherence to the SOP. immediately and on day 7. Go to OH Clinic for **RISK** On day 8 to come to OH immediate COVID-19 RTK-Ag clinic for assessment before test and assessment. Daily COVID-19 RTK-Ag selfreturning to work.\* Daily RTK-Ag self-test on test\* till day 10. day 9 and 10. **NO MASK NO MASK** AGP PROCEDURE Quarantine for 7 days Quarantine not required from date of exposure. Continue to work with strict HIGH COVID-19 RTK-Ag self-test adherence to the SOP. immediately and on day 7. Go to OH Clinic for immediate COVID-19 RTK-Ag On day 8 to come to OH **RISK** test and assessment. clinic for assessment before returning to work.\* Daily COVID-19 RTK-Ag selftest\* till day 10. Daily RTK-Ag self-test on day 9 and 10. **NO MASK** SURGICAL MASK **DID NOT USE N-95 OR FULL PPE** PATIENT COUGH INFRONT OF YOUR FACE Quarantine for 7 days Quarantine not required HIGH from date of exposure. Continue to work with strict COVID-19 RTK-Ag self-test adherence to the SOP. immediately and on day 7. Go to OH Clinic for RISK immediate COVID-19 RTK-Ag On day 8 to come to OH clinic for assessment before test and assessment. Daily COVID-19 RTK-Ag selfreturning to work.\* Daily RTK-Ag self-test on test\* till day 10. **NO MASK** SURGICAL MASK day 9 and 10. **DID NOT USE N-95 OR FULL PPE** COVID-19 RTK-Ag self-test Continue to work with **MEDIUM** immediately, if RTK-Ag strict adherence to the result is negative continue to work with strict SOP. **RISK** adherence to the SOP.\* **NO MASK** SURGICAL MASK COVID-19 patients include patients in wards and clinics, and other health workers who have a positive COVID-19 test. Asymptomatic healthcare worker within 90 days post COVID-19 infection can continue to work without restrictions and does not require testing.

- All RTK Ag self-test is to be purchased by the healthcare worker on their own.
- For healthcare worker with **worsening symptoms and COVID-19 RTK-Ag self-test negative** is advice to go to the Special Staff Health Clinic during office hours or to Trauma and Emergency Department after office hours for assessment.
- All healthcare workers must complete the Entry Visa daily before entering into University Malaya Medical Centre.
- For healthcare worker with a **positive COVID-19 RTK-Ag test**, they need to update their status on the MySejahtera App and follow the instruction on the App. They need to also inform their Head of Department or Supervisor of the positive test. There will not be a need to have a confirmatory RT-PCR test at SSC or Trauma and Emergency Department.
- For healthcare worker who is High Risk without symptoms are adviced to use N95, KN95 or KF94 masks while at work.
- All healthcare workers must continue to adhere to strict SOP while in University Malaya Medical Centre.

Prepared by: The Occupational Safety, Health, and Environmental Unit UMMC

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(Prolonged Close Contact: Exposure at distance <1 metre and duration of >15 minutes)

COVID-19 PATIENT*	YOU Not Vaccinated	EXPOSURE RISK	ACTION (SYMPTOMATIC)	ACTION (ASYMPTOMATIC)
MASK	NO MASK	MEDIUM RISK	COVID-19 RTK-Ag self-test immediately, if RTK-Ag result is negative continue to work with strict adherence to the SOP.*	Continue to work with strict adherence to the SOP.
MASK	SURGICAL MASK	LOW RISK	COVID-19 RTK-Ag self-test immediately, if RTK-Ag result is negative continue to work with strict adherence to the SOP.*	Continue to work with strict adherence to the SOP.
NO MASK	SURGICAL MASK AND FACE SHIELD	LOW RISK	COVID-19 RTK-Ag self-test immediately, if RTK-Ag result is negative continue to work with strict adherence to the SOP.*	Continue to work with strict adherence to the SOP.
TAKING SWAB FOR COVID-19 OR AGP PROCEDURE				
NO MASK	FULL PPE	LOW RISK	COVID-19 RTK-Ag self-test immediately, if RTK-Ag result is negative continue to work with strict adherence to the SOP.*	Continue to work with strict adherence to the SOP.

COVID-19 patients include patients in wards and clinics, and other health workers who have a positive COVID-19 test.

- Asymptomatic healthcare worker within 90 days post COVID-19 infection can continue to work without restrictions and does not require testing.
- All RTK Ag self-test is to be purchased by the healthcare worker on their own.
- For healthcare worker with **worsening symptoms and COVID-19 RTK-Ag self-test negative** is advice to go to the Special Staff Health Clinic during office hours or to Trauma and Emergency Department after office hours for assessment.
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- For healthcare worker who is High Risk without symptoms are adviced to use N95, KN95 or KF94 masks while at work.
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