

# UNIVERSITY MALAYA MEDICAL CENTRE GUIDELINE ON THE MANAGEMENT OF VACCINATED HEALTHCARE WORKERS

## EXPOSED TO INDIVIDUALS WITH COVID-19 FROM THE COMMUNITY (Prolonged Close Contact: Exposure at distance <1 metre and duration of >15 minutes)

COVID-19  
PATIENT\*

YOU  
Vaccinated

EXPOSURE  
RISK

ACTION  
(SYMPTOMATIC)

ACTION  
(ASYMPTOMATIC)



NO MASK



NO MASK

**HIGH  
RISK**

**Quarantine for 5 days** from date of exposure. COVID-19 RTK-Ag test immediately and on day 5. On day 6 to come to OH clinic for assessment before returning to work.\* Daily RTK-Ag on day 6 and 7.

**Quarantine not required** Continue to work with strict adherence to the SOP. Go to OH Clinic for immediate COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* till day 7.

PATIENT COUGH OR SNEEZE IN FRONT OF YOUR FACE



NO MASK



MASK

**HIGH  
RISK**

**Quarantine for 5 days** from date of exposure. COVID-19 RTK-Ag test immediately and on day 5. On day 6 to come to OH clinic for assessment before returning to work.\* Daily RTK-Ag on day 6 and 7.

**Quarantine not required** Continue to work with strict adherence to the SOP. Go to OH Clinic for immediate COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* till day 7.



MASK



NO MASK

**HIGH  
RISK**

**Quarantine for 5 days** from date of exposure. COVID-19 RTK-Ag test immediately and on day 5. On day 6 to come to OH clinic for assessment before returning to work.\* Daily RTK-Ag on day 6 and 7.

**Quarantine not required** Continue to work with strict adherence to the SOP. Go to OH Clinic for immediate COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* till day 7.



MASK



MASK

**LOW  
RISK**

COVID-19 RTK-Ag test immediately, if RTK-Ag result is negative continue to work with strict adherence to the SOP.\*

Continue to work with strict adherence to the SOP.

COVID-19 patients include household members, family, friends and public who have a positive COVID-19 test.

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- Asymptomatic healthcare worker within 90 days post COVID-19 infection can continue to work without restrictions and does not require testing.
  - For healthcare worker with **worsening symptoms and COVID-19 RTK-Ag self-test negative** is advice to go to the Special Staff Health Clinic during office hours or to Trauma and Emergency Department after office hours for assessment.
  - All healthcare workers should self-monitor symptoms till day 14, and test if symptomatic.
  - For healthcare worker with a **positive COVID-19 RTK-Ag self-test**, they need to update their status on the MySejahtera App and follow the instruction on the App. They need to also inform their Head of Department or Supervisor of the positive test. There will not be a need to have a confirmatory RT-PCR test at SSC or Trauma and Emergency Department.
  - For healthcare worker who is High Risk without symptoms are advised to use N95, KN95 or KF94 masks while at work.
  - All healthcare workers must continue to adhere to strict SOP while in University Malaya Medical Centre.