

# UNIVERSITY MALAYA MEDICAL CENTRE GUIDELINE ON THE MANAGEMENT OF UNVACCINATED HEALTHCARE WORKERS EXPOSED TO INDIVIDUALS WITH COVID-19 FROM THE COMMUNITY (Prolonged Close Contact: Exposure at distance <1 metre and duration of >15 minutes)

COVID-19  
PATIENT\*

YOU  
Not Vaccinated

EXPOSURE  
RISK

ACTION  
(SYMPTOMATIC)

ACTION  
(ASYMPTOMATIC)



NO MASK



NO MASK

HIGH  
RISK

**Quarantine for 7 days** from date of exposure. Daily COVID-19 RTK-Ag self-test on day 1 to 7. On day-8 to come to OH clinic for assessment before returning to work.\*

Continue to work with strict adherence to the SOP. (Quarantine not required) Go to OH Clinic for COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* on day 2 to 7 before coming to work.

PATIENT COUGHED IN FRONT OF YOUR FACE



NO MASK



MASK

HIGH  
RISK

**Quarantine for 7 days** from date of exposure. Daily COVID-19 RTK-Ag self-test on day 1 to 7. On day-8 to come to OH clinic for assessment before returning to work.\*

Continue to work with strict adherence to the SOP. (Quarantine not required) Go to OH Clinic for COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* on day 2 to 7 before coming to work.



MASK



NO MASK

HIGH  
RISK

**Quarantine for 7 days** from date of exposure. Daily COVID-19 RTK-Ag self-test on day 1 to 7. On day-8 to come to OH clinic for assessment before returning to work.\*

Continue to work with strict adherence to the SOP. (Quarantine not required) Go to OH Clinic for COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* on day 2 to 7 before coming to work.



MASK



MASK

LOW  
RISK

COVID-19 RTK-Ag self-test immediately, if RTK-Ag result is negative continue to work with strict adherence to the SOP.\*

Continue to work with strict adherence to the SOP.

COVID-19 patients include household members, family, friends and public who have a positive COVID-19 test.

- \* • For healthcare worker with **worsening symptoms** and COVID-19 RTK-Ag self-test **negative** is advice to go to the Special Staff Health Clinic during office hours or to Trauma and Emergency Department after office hours for assessment.
- For healthcare worker with a **positive COVID-19 RTK-Ag self-test**, they need to update their status on the MySejahtera App and follow the instruction on the App. They need to also inform their Head of Department or Supervisor of the positive test. There will not be a need to have a confirmatory RT-PCR test at SSC or Trauma and Emergency Department.
- For healthcare worker who is High Risk without symptoms are advised to use N95, KN95 or KF94 masks while at work.
- All healthcare workers must continue to adhere to strict SOP while in University Malaya Medical Centre